

GOAT

GREATEST OF ALL TUNGSTEN



SEAFLO®



AZTRON



aquatone

4Monster



DONIC
SCHILDKRÖT



TALBOT
TORRO



MEDALIST
...BEYOND THE GAME

Aqualine



tanga



SURGE



ELKADART®

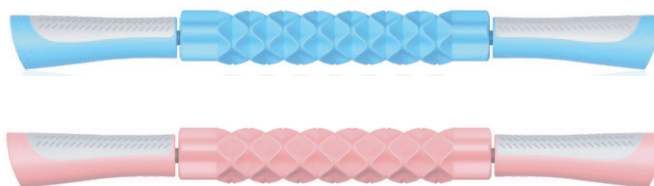


Bestway®

TRAMONTINA

BASSONI
SPORTS

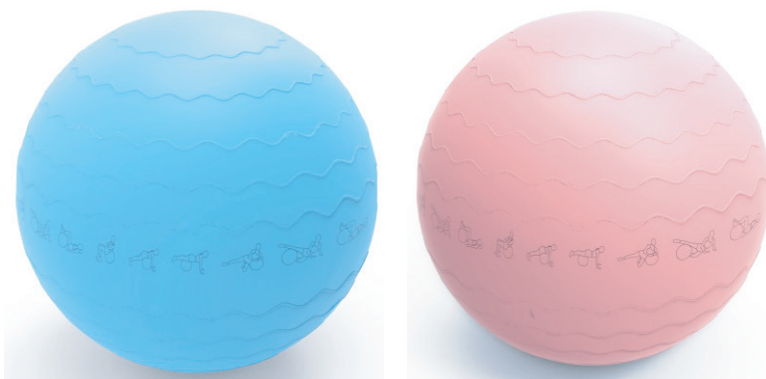
2025/2026
CATALOGUE



Code: 19619

PURE MASSAGE BAR

- length: 53cm
- gives you more massage pressure with its ergonomic grip handles
- helps to increase muscle oxygenation, adds flexibility and stimulates active muscle recovery



Code: 19611

PURE GYM BALL

- diameter: 65cm
- ideally suited for a wide variety of exercises
- use as a stability ball to improve balance and coordination
- use as a fitness ball for training abs, back, glutes and other muscles
- made from textured non-slip grip materials

SKIPPING ROPES



Code: 19014

SKIP ROPE - SPEED

- 275cm PVC rope
- PP handle
- assorted colours



Code: 19405

SKIP ROPE - DELUXE LEATHER

- 275cm leather rope
- foam handles
- high speed bearings



Code: 19407

SKIP ROPE - WEIGHTED LEATHER

- 275cm leather rope
- weighted foam handles
- high speed bearings



Code: 19411

SKIP ROPE - DIGITAL

- 275cm adjustable rope
- LCD screen clearly displays the calories burned and jumps counted
- non-slip handle
- portable and compact

EXERCISE EQUIPMENT



Code: 19013

JELLY CHEST EXPANDER

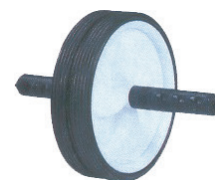
- soft touch chest expander
- great for toning and resistance training



Code: 19018

4-WAY FAMILY SET

- set includes skip rope, chest expander, power twister and hand grips



Code: 19005

DOUBLE EXERCISE WHEEL

- ideal for AB exercises



Code: 19007

DELUXE CHIN-UP BAR

- increases muscle strength and tone
- use for pull ups, chin ups, push ups, sit ups, arm and shoulder exercise

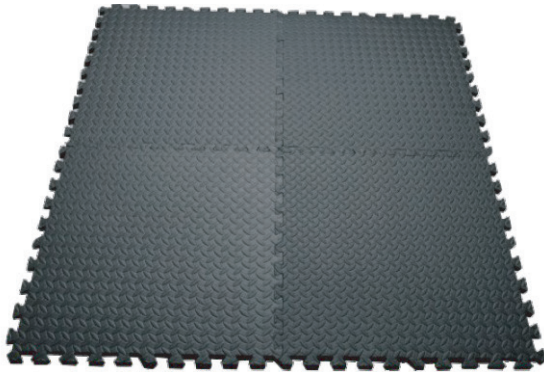


Code: 19551

THIGH MASTER

- squeeze your way to firmer thighs
- easy to use - work out and watch TV
- totally portable for home or office

EXERCISE EQUIPMENT



Code: 19019

INTERLOCKING EVA MAT (4PCS)

- 4 pack cushion EVA mat
- interlocking edges for multiple configurations
- dimensions per pieces: 61cm x 61cm x 1.2cm

RESISTANCE TRAINING



Code: 19010

RESISTANCE BANDS

- set includes 3 straps of low, medium and heavy strength
- tones and sculpts muscle without adding bulk
- suitable for all fitness levels
- portable and lightweight
- great for exercise, pilates, rehab or physical therapy



Codes: 19431 /32 /33

RESISTANCE BAND WITH HANDLE

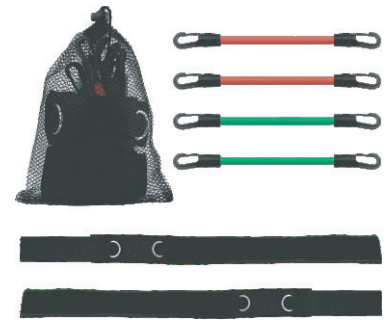
- 3 levels of resistance
 - light (red) code: 19431
 - medium (blue) code: 19432
 - heavy (black) code: 19433
- high-quality rubber material offers progressive resistance
- helps you isolate target muscles more effectively



Code: 19481 / 82 / 83

POWER BANDS

- three resistance levels:
 - light: 11-29kgs (19481)
 - purple width: 2.2cm
 - medium: 16-38kgs (19482)
 - green width: 3.2cm
 - heavy 23-56kgs (19483)
 - blue width: 4.4cm
- all bands are 208cm long and 4.5mm thick
- progressive resistance provides dynamic training movements
- for a varied range of strength and conditioning exercises
- compact and portable for use at home, outside or anywhere



Code: 19521 / 523

KINETIC SPEED BANDS

- 2 levels of resistance:
 - junior: athletes under 50kg (19521)
 - 2 x 5kg and 2 x 11kg bands
 - senior: athletes over 50kg (19523)
 - 2 x 11kg and 2 x 18kg bands
- increase speed and agility by building hip strength and explosiveness
- incorporate kinetic bands training during sport specific drills for improvements in mobility, strength and speed



Code: 19561

MULTI RESISTANCE TRAINING KIT

- bands included:
 - yellow (1-2kgs), green (2-3kgs), red (5-6kgs), black (7-10kgs), blue (12-14kgs),
- bands can be stacked to increase resistance
- features metal clipping system on bands for attachment to soft-grip handle or ankle strap
- includes a door anchor, carrying bag and ankle strap

CORE TRAINING



Code: 19541

CORE SLIDERS

- strengthens core with a great abdominal workout
- dual sides discs glide on any surface
- compact and lightweight for workouts on the go!

YOGA / PILATES



Code: 19444

YOGA WHEEL

- size: 32 x 13cm
- great fitness and stretching tool to assist you with backbends, yoga poses and more
- multiple applications include: achieving deeper spinal stretches, improving core strength, opening your shoulders and chest, improving flexibility and balance, challenging yourself with new wheel poses and performing general back stretches
- outer foam layer for comfort and grip
- sturdy yet light enough for easy portability



Code: 19441

DELUXE PRINTED YOGA MAT

- size: 173 x 61 x 0.6cm
- ideal for all yoga exercises
- durable, lightweight design
- compact when rolled up
- easy to clean and maintain
- packed in handy carry bag
- 2 colours: purple / pink



Code: 19443

YOGA TOWEL

- size: 180x 61cm
- premium mat-size yoga towel
- micro-fibre blend is super absorbent
- slip resistant flower print
- keeps your hands and feet from slipping mid-stretch

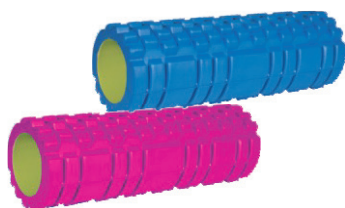


Code: 19445

PILATES RING

- size: 38cm
- fibreglass ring covered with soft foam
- EVA foam grip
- designed to improve muscle tone of inner and outer thighs, arms, and chest

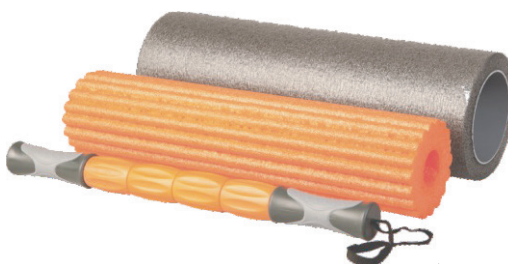
MASSAGE GEAR



Codes: 19452

HOLLOW FOAM ROLLER

- size: 33 x 14cm
- extremely durable closed cell EVA foam
- specially designed to massage & stretch muscle & soft tissue in many directions
- improve core strength
- great for yoga, pilates and rehabilitation
- bumps are firm, but flexible for ultimate effect



Code: 19454

FOAM ROLLER SET

- 3-in-1 foam roller set consists of: 45cm hollow core roller 45cm ribbed roller massage stick
- the individual items slide into each other for easy transport and convenient storage
- used for stretching and flexibility
- shape tone and massage all muscle groups



Code: 19457

MINI MASSAGE ROLLER

- specially designed bumps and two wheels on the roller, massage with precision to any body part
- deep tissue massage stimulates blood circulation

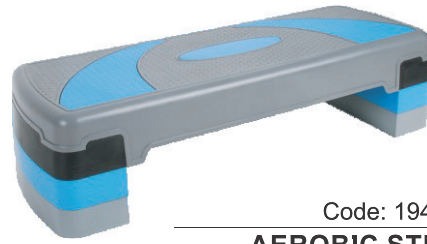
CROSS TRAINING



Code: 19471

SUSPENSION STRAPS

- harnesses your body weight, providing the resistance for a variety of total body exercises
- ideal fitness product for suspended body weight training
- provides an effective workout that is convenient to use at home or while traveling
- anchors to a door or various other points indoors or outside



Code: 19421

AEROBIC STEP

- non-slip surface
- supports up to 250kg
- dimensions: 70 x 28 x 12cm
- 3 adjustable heights: 12cm / 17cm / 22cm

Codes: 19343 / 45

SLAM BALL



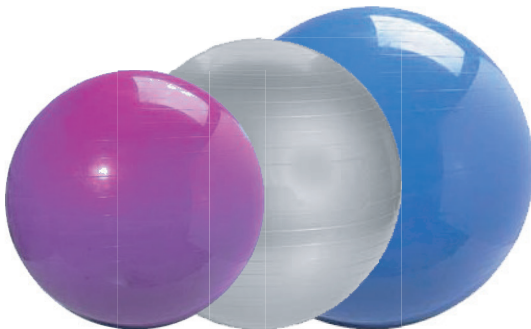
- 2 weights: 5kg (19343) 10kg (19345)
- the non-bounce slam balls are intended for functional resistance training exercises of varying difficulty
- ball slam exercises help you gain explosive strength, muscle strength and tone the entire body
- textured "tire style" surface for better grip



Codes: 19109

MASAGE GYM BALLS

- size: 65cm
- strong anti-burst material
- dual sided design with bumps for deep tissue massage and also provides stability
- ideal for stretching, toning, massage and strengthening exercises
- includes foot pump



Codes: 19100 / 1 / 3

GYM BALLS

- sizes: 55 / 65 / 75cm
- ideal for stretching, toning and strengthening exercises
- pump sold separately



Codes: 19105 / 6

ANTI-BURST GYM BALLS

- sizes: 55 / 65
- ideal for stretching, toning and strengthening exercises
- includes foot pump



Codes: 19455

BALANCE DOME

- balance ball trainer for strengthening core muscles
- 60cm diameter
- integrated resistance bands with handles

DUMBBELLS



Codes: 19072 / 3 / 4 / 5 / 6 / 7

VINYL DIPPED DUMBBELLS

- weights: 1kg / 1.5kg / 2kg / 3kg / 4kg / 5kg
- weights are per piece



Codes: 19091 / 2 / 3 / 4 / 5 / 6

NEOPRENE COVERED DUMBBELLS

- weights: 1kg / 1.5kg / 2kg / 3kg / 4kg / 5kg
- weights are per piece



Codes: 19351 / 2 / 3 / 4 / 5 / 6

RUBBER COATED HEX DUMBBELLS

- weights: 5kg / 7.5kg / 10kg / 12.5kg / 15kg / 20kg
- solid cast weight with rubber coating
- chromed grip handles
- hex shape stops weights rolling
- weights are per piece



Codes: 19027 / 8 / 9

SOFT DUMBBELLS

- weights: 1kg x 2, 1.5kg x 2, 2kg x 2
- soft foam covered grip



Code: 19035

10kg DUMBBELL SET

- set includes the following:
 - 2 x 1.25kg plates
 - 2 x 2.50kg plates
 - 2 x spinlock collars
 - 1 x chromed spinlock bar
- fully adjustable



Code: 19036

15kg DUMBBELL SET

- set includes the following:
 - 2 x 1.25kg plates
 - 4 x 2.50kg plates
 - 2 x spinlock collars
 - 1 x chromed spinlock bar
- fully adjustable



Code: 19037

30KG DUMBBELL SET (15KG X 2)

- set includes the following:
 - 8 x 2.50kg plates
 - 4 x 1.25kg plates
 - 4 x 0.50kg plates
 - 4 x spinlock collars
 - 2 x 380mm chromed spinlock bars
 - 1 x durable plastic carry case
- fully adjustable

BARBELL SETS



Code: 19201

30kg BARBELL SET

- set includes the following:
 - 8 x 2.50kg plates
 - 4 x 1.25kg plates
 - 4 x 0.50kg plates
 - 4 x spinlock collars
 - 2 x 370mm chromed spinlock bars
 - 1 x 300mm spinlock connector
- durable plastic carry case
- can be used as a barbell or dumbbells

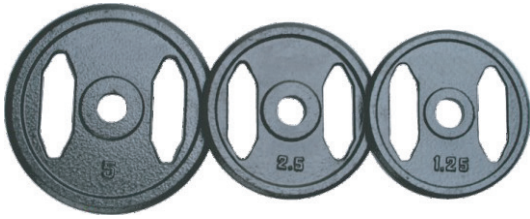


Code: 19203

50kg BARBELL SET

- set includes the following:
 - 4 x 5.00kg plates
 - 4 x 2.50kg plates
 - 6 x 1.25kg plates
 - 6 x 0.50kg plates
 - 1 x 1500mm chrome bar in 2 sections
 - 2 x 350mm chrome bars
 - 6 x spinlock collars
- durable plastic carry case
- can be used as a barbell or dumbbells

PLATES & BARS



Codes: 19223 /25 /27 /29 /31 /33

HAMMERTONE GRIP PLATES

- available weights:
2.5kg /5kg /7.5kg /10kg /15kg /20kg
- baked enamel powder coat finish



Code: 19291

STAR COLLARS

- internal diameter: 25mm
- spin lock star collars
- 2 pcs per set



Code: 19293

SPRING COLLARS

- internal diameter: 25mm
- spring clip collars
- 2 pcs per set



Code: 19261

400MM THREADED BAR

- length: 400mm
- used as a dumbbell
- solid cold rolled steel bar
- includes star collars



Codes: 19263 /65

STRAIGHT THREADED BAR

- 2 lengths available:
1500mm / 1800mm
- solid cold rolled steel bar
- includes star collars



Code: 19271

EZ-CURL THREADED BAR

- length: 1200mm
- solid cold rolled steel bar
- includes star collars

KETTLEBELLS



Codes: 19301 /03 /05 /07 /09

VINYL DIPPED KETTLEBELLS

- available weights:
4kg / 8kg / 12kg / 16kg / 20kg
- ergonomic baked enamel handle
- colour coded vinyl dipped base

MEDICINE BALLS



Code: 19333

MEDICINE BALL - 3KG

- weight: 3kg
- durable moulded rubber
- strength and flexibility training

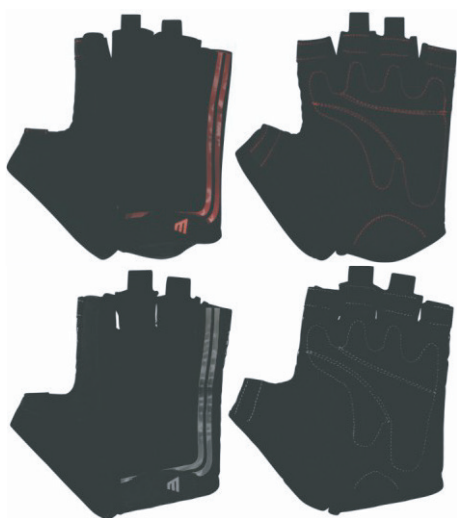


Code: 19335

MEDICINE BALL - 5KG

- weight: 5kg
- durable moulded rubber
- strength and flexibility training

GYM GLOVES



Code: 19055

PRIME

- sizes: S / M / L / XL / XXL
- air mesh amara palm
- lycra and mesh material on back with toweling thumb
- 2 assorted colours



Code: 19056

REFLEX

- sizes: S / M / L / XL / XXL
- foam padded amara palm
- elasticated lycra and mesh material on back
- toweling on thumb
- 2 assorted colours



Codes: 19131 / 2 / 3 / 4

ACTIVATE

- sizes: XS / S / M / L
- made from lightweight neoprene that is breathable and wicks moisture
- padded palm



Codes: 19057

ELITE

- sizes: S / M / L / XL / XXL
- amara palm with printed silicone grip
- amara and mesh material on back
- towel on thumb
- elastic wrap-around strap
- 3 assorted colours

Codes: 19058

HYPER GEL

- sizes: S / M / L / XL / XXL
- all black leather palm with gel padding
- lycra material on back
- towel on thumb
- neoprene wrap-around strap
- 3 assorted colours

GYM GLOVES



Codes: 19192 /3 /4 /5

BEAST

- sizes: M / L / XL / XXL
- all black goatskin leather with gel padded silicone printed palm
- fourway material back
- oversize wrap-around wrist strap

WRIST WRAPS



Codes: 19145

WRIST WRAPS

- help minimize wrist fatigue during reps
- constructed with pro grade elastic for max wrist stability
- thumb loop secures the wrist wrap on the hand
- universal fit with fully-adjustable velcro closure

GRIP PADS



Codes: 19141

MONSTER GRIP

- 1 size fits most men and women
- great for weightlifting, powerlifting, rope pulling, dead-lifts and much more
- non-slip grip
- 2 assorted colours

WEIGHT-LIFTING BELTS



Codes: 19045 /6 /7 /8

PADDED LEATHER - 6"

- sizes: M / L / XL / XXL
- width: 6" (16cm)

BOXING



Codes: 39001 / 02 / 03

PRO TRAINING GLOVES

- 3 sizes: 12oz, 14oz & 16oz
- synthetic leather shell with layered foam padding
- hook and loop elasticated wrist closure with mesh moisture wicking inner palm
- perfect for heavy bag training as they are designed for protection and durability

MMA



Codes: 39021 / 22

MMA HEAVY BAG GLOVES

- 2 sizes: S/M & L/XL
- synthetic leather shell with foam padding
- hook and loop elasticated wrist closure with mesh moisture wicking inner palm
- perfect for heavy bag training as they are lightweight and designed for protection
- open thumb design

TRAINING EQUIPMENT



Code: 39041

FOCUS PUNCH MITTS

- high quality leather paired with comfort padding for a great fit, feel and reduced impact forces
- slip on fit for easy fitting
- the open design with mesh back makes it breathable and well ventilated



Codes: 39025 / 26

MMA GRAPPLING GLOVES

- 2 sizes: S/M & L/XL
- synthetic leather shell with foam padding
- full wrist wrap strap provides excellent wrist support and allows for a perfect fit
- articulated finger ridges allow for ease of hand movement
- used for grappling and mitt work

PROTECTIVE GEAR



Code: 39051

HAND WRAPS - 3M

- blend of spandex and polyester
- perfect for wrapping between fingers and knuckles for protection under gloves
- complete with starter thumb loop and velcro closure
- 1 pair of 3m hand wraps
- 3 assorted colours



Code: 39052

HAND WRAPS - 4.5M

- blend of spandex and polyester
- perfect for wrapping between fingers and knuckles for protection under gloves
- complete with starter thumb loop and velcro closure
- 1 pair of extra length 4.5m hand wraps
- 3 assorted colours

MATCH BALLS - BLISTER



Code: 36251

SMOOTH - WHITE

- colour: white
- official size & weight
- 1 ball per blister pack

PRACTICE BALLS - BLISTER



Code: 36211

SMOOTH - WHITE

- white only
- 1 ball per blister

GRIPS



Code: 25021

DURA GRIP

- ultra tacky PU
- super cushy feel

GLOVES



Code: 12193

RESPONSE

- size: L
- foam protection with elastic leather fit




Codes: 36451 /2 /3

SUPREME

- sizes: S - M - L
- full finger foam protection with stretch leather palm
- left hand glove only



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